

January 2019

M	T	W	T	F
	<p>Jan 1</p> <p>HAPPY NEW YEAR</p>	<p>Jan 2</p> <p>BREAKFAST Whole Grain Cheerios Cereal Educational Snacks, Applesauce Shelf Stable Milk</p> <p>LUNCH Philly Cheese Steak Sandwich Seasoned Green Beans Fresh Fruit Milk</p> <p>SUPPER Chicken Salad Sub Sandwich Baby Carrots Apples Milk</p>	<p>Jan 3</p> <p>BREAKFAST Plain Bagel Cream Cheese Orange Juice Fresh Fruit Milk</p> <p>LUNCH The Revolution Hot Dog Ketchup Steamed Carrots Fresh Fruit Milk</p> <p>SUPPER Honey Mustard Chicken Wrap Honey Mustard Dressing Baby Carrots Milk</p>	<p>Jan 4</p> <p>BREAKFAST Lemon Muffin Fresh Fruit Milk</p> <p>LUNCH BBQ Chicken Wrap BBQ Ranch Yogurt Dressing Green Peas Fresh Fruit Milk Chocolate Milk</p>
<p>Jan 7</p> <p>BREAKFAST Whole Grain Cinnamon Chex Educational Snacks Fresh Fruit Milk</p> <p>LUNCH Chicken Bites Ketchup Steamed Corn</p>	<p>Jan 8</p> <p>BREAKFAST Whole Grain Dipper doodle Bar Fresh Fruit Milk</p> <p>LUNCH Flame-Broiled Beef Burger Whole Grain Animal Crackers</p>	<p>Jan 9</p> <p>BREAKFAST Cinnamon Grahams String Cheese Fresh Fruit Milk</p> <p>LUNCH Mongolian Beef Rice Not So Fried Baby Carrots Edamame Fresh Fruit</p>	<p>Jan 10</p> <p>BREAKFAST Zee Zees Cinnamon Crisp Bar Fresh Fruit Milk</p> <p>LUNCH The Revolution Hot Dog Ketchup Chopped Romaine Lettuce</p>	<p>Jan 11</p> <p>BREAKFAST Mini Dipper doodle String Cheese Fresh Fruit Milk</p> <p>LUNCH Chicken Salad Sub Sandwich Sweet Potatoes Fresh Fruit Milk</p>

<p>Goldfish Pretzels Fresh Fruit Milk Chocolate Milk</p> <p>SUPPER Super Power Kit! Honey Wheat Crackers Goldfish Cheddar Carrots Seeds String Cheese Pears Milk</p>	<p>Ketchup Mustard Seasoned Green Beans Fresh Fruit Milk</p> <p>SUPPER Southwest Chicken Wrap Ranch Dressing Baby Carrots Apple Slices Milk</p>	<p>Milk Chocolate Milk</p> <p>SUPPER Classic Turkey & Cheddar Sandwich Mayonnaise Baby Carrots Apples Milk</p>	<p>Sliced Tomatoes Fresh Fruit Milk</p> <p>SUPPER Chicken Caesar Salad Caesar Dressing Pears Milk</p>	<p>Chocolate Milk</p>
<p>Jan 14 BREAKFAST Yogurt Cinnamon Grahams Fresh Fruit Milk</p> <p>LUNCH Kicking Chicken Melt Sandwich Whole Grain Ranch Rumbles Carrot Corn Peas Fresh Fruit Milk Chocolate Milk</p> <p>SUPPER Mighty Meaty Deli Combo Sandwich Turkey Salami Turkey Ham Mozzarella Mayonnaise Baby Carrots Pears Milk</p>	<p>Jan 15 BREAKFAST Zee Zees Berry Apple Crisp Bar Fresh Fruit Milk</p> <p>LUNCH Flame-Broiled Beef Pepper Jack Cheeseburger Ketchup Mustard Goldfish Pretzels Glazed Carrots Fresh Fruit Milk</p> <p>SUPPER BBQ Chicken Wrap BBQ Ranch Yogurt Dressing Side Salad Romaine Lettuce Carrots Grape Tomato Apple Slices Milk</p>	<p>Jan 16 BREAKFAST Whole Grain Strawberry Zac Omega Bar Fresh Fruit Milk</p> <p>LUNCH Cheese Enchilada Seasoned Rice Black Beans Baby Carrots Pinto Beans Fresh Fruit Milk Chocolate Milk</p> <p>SUPPER Sunny Sandwich Chef Kit Sun butter Jelly Whole Grain Bun Celery Apples Milk</p>	<p>Jan 17 BREAKFAST Plain Bagel Cream Cheese Orange Juice Fresh Fruit Milk</p> <p>LUNCH Garden Ranch Salad Chicken Ranch Dressing Whole Grain Dinner Roll Honey Wheat Crackers Fresh Fruit Milk</p> <p>SUPPER BBQ Chicken Slider BBQ Sauce Packet Goldfish Pretzels Baby Carrots Pears Milk</p>	<p>Jan 18 BREAKFAST Banana Muffin Fresh Fruit Milk</p> <p>LUNCH The Revolution Hot Dog Ketchup Seasoned Green Beans Fresh Fruit Milk Chocolate Milk</p>

<p>Jan 21</p>	<p>Jan 22</p>	<p>Jan 23</p>	<p>Jan 24 BREAKFAST Whole Grain Strawberry Zac Omega Bar Pineapple Juice Fresh Fruit Milk</p> <p>LUNCH Kicking Chicken Parm Pasta Chopped Romaine Lettuce Sliced Tomatoes Fresh Fruit Milk</p> <p>SUPPER Chicken Ranch Wrap Yogurt Ranch Dressing Baby Carrots Pears Milk</p>	<p>Jan 25 BREAKFAST Plain Bagel Cream Cheese Fresh Fruit Milk</p> <p>LUNCH Classic Spaghetti and Meatballs Sweet Potatoes Fresh Fruit Milk Chocolate Milk</p>
<p>Jan 28 BREAKFAST Cinnamon Grahams String Cheese Fresh Fruit Milk</p> <p>LUNCH Cheesy Chicken Quesadilla Educational Snacks Seasoned Green Beans Fresh Fruit Milk Chocolate Milk</p> <p>SUPPER Classic Turkey & Cheddar Sandwich Mayonnaise Baby Carrots</p>	<p>Jan 29 BREAKFAST Lemon Muffin Fresh Fruit Milk</p> <p>LUNCH Hot Meatball Sub Island Glazed Carrots Fresh Fruit Milk</p> <p>SUPPER Sesame Chicken Wrap Sesame Vinaigrette Baby Carrots Apple Slices Milk</p>	<p>Jan 30 BREAKFAST Plain Bagel Cream Cheese Fresh Fruit Milk</p> <p>LUNCH Jerk Chicken Drumstick Pineapple Carrot Rice Edamame Grape Tomatoes Fresh Fruit Milk Chocolate Milk</p> <p>SUPPER BBQ Chicken Slider BBQ Sauce Goldfish Pretzels Baby Carrots</p>	<p>Jan 31 BREAKFAST Zee Zees Berry Apple Crisp Bar Orange Juice Fresh Fruit Milk</p> <p>LUNCH Baked Mac & Cheese Chicken Bites BBQ Sauce Chopped Romaine Lettuce Sliced Tomatoes Fresh Fruit Milk</p> <p>SUPPER Classic Turkey & Cheddar Sandwich Mayonnaise</p>	

Pears Milk		Apples Milk	Baby Carrots Pears Milk	
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CHEF RESERVES THE RIGHT TO CHANGE MENU FOR SEASONALITY AND NEW MENU

INNOVATION.

Quality Standards: Our menus are based on fresh, seasonal items and we use organic, locally produced ingredients whenever possible. Our meats, baked goods, and produce meet Whole Foods Market's stringent quality standards. All Revolution Foods meals are served with milk that is rBST-free. Vegetarian & Dairy-free options available daily